



How to Get the Really Important Stuff Done (When You Feel Too Busy at the Holidays)

My biggest challenge in this season of life- *and this season of the year*- is trying to make time stretch so that it sufficiently covers all the corners in my day.

I feel like it's possible- and so very important- to prioritize where our time is going at the holiday season.

I can't give you more hours in your day or days in your month (sorry about that!).

But I hope these tips will give you a nudge toward living and loving well this holiday season.

If you haven't already read the blog post that correlates with this worksheet, you can find it here. →

<https://kristyscottage.com/how-to-get-the-really-important-stuff-done-when-you-feel-too-busy-at-the-holidays/>

1. Decide What's Important to You.

Since you can't do it all, then it's only smart to make sure you're spending your time doing what is most important to you.

Have you thought about what's really important to you?

First, take a few minutes and write down the top seven things that have been consuming your time lately. Where does your time go right now? (Be specific!)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Now take some time to think about what is MOST important to you. **If you could only choose seven areas of life to invest your time, what would those seven things be?** (Again, be specific.)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

→ Now read over the two lists you just wrote. How do they compare? Are you spending the majority of your time focusing on what's really important to you? If not, don't worry—we're about to tackle that next!

2. Simplify

I shared on my blog that sometimes I compare myself to other women and I feel like I'm not doing enough. This is the enemy of both stewardship and simplifying! I can't really simplify when I'm busy trying to live up to someone else's expectations of what's important.

→ Go back to those "top seven" priorities you wrote on your list.

Which areas can you simplify? Circle those.

3. Don't Expect To Do It All Well

This point is kind of the "marriage" of both our previous points:

Once you've nailed down your TOP priorities and given yourself permission to simplify, you're free to focus your time and energy on living this season well.

You can't do all things well.

So lively wisely and intentionally.

→ Be really honest with yourself and read over your "top seven" priority list again. Are you doing those things well?

Not perfect, of course. But are you living well in the areas that matter? Are you loving well?

→ Choose three areas that you know you can "live well" with a little more focus.

Write those here:

1. _____

2. _____

3. _____

Dear Heavenly Father,

Thank you for meeting me in my place of need. I admit that sometimes I find this wonderful season just a little overwhelming. I'm especially struggling with

Please help me to be sensitive to what YOU feel is important for me right now. Help me to embrace the freedom of living with focus and intention, and to keep my heart turned toward the ways you want me to live and love well.

Thank you for your provision of grace. And thank you for this beautiful season of celebrating the birth of Jesus Christ.

In His name I pray,

Amen.